



Nutrition in OSHC



What is the Nutrition in OSHC program?

The best practice training resources for educators and parents, as well as support for your OSHC setting.

This program aims to help you meet and exceed the food and nutrition standards in the National Quality Framework, so you can create a healthy OSHC environment.

Centre Subscription - \$100 per year (PLUS GST)

What is included in the subscription?

- 12 Month subscription to Nutrition Australia QLD's Nutrition in OSHC program
- Monthly newsletter featuring recipes, articles and activities
- Subscription to Healthy @ Home e-newsletter for parents and families
- Access to qualified dietitians, nutritionists and health promotion officers for nutrition and food safety advice
- Competitively priced online training and learning opportunities
- Free monthly recipes and nutrition updates
- Access to 'subscribers only' area of NAQ's OSHC website
- Discounts on services, products and resources

PLUS

- Additional e-newsletter subscriptions – up to 3 educators from the one site

How do I subscribe?

1. Email the subscription form to OSHC@naql.org

Or

2. Enter the details online at naql.org/oshc-2-2

Or you can phone us on (07) 3257 4393 for more information

Nutrition in OSHC Subscription Form

OSHC Setting name: _____

Contact name: _____

Address: _____

Work role: _____

Contact telephone: _____

Email:* _____

**All newsletters and correspondence will be delivered via email*

**The email address used will become your username, which is unchangeable*

MUST BE COMPLETED FOR FREE EXTRA E-NEWSLETTER SUBSCRIBERS

**Details for extra newsletter subscribers must be provided at the time of subscription.*

Email: _____

Email: _____

Email: _____

Payment options (please tick)

Subscription cost \$100 plus GST

PayPal – visit www.naqlid.org/subscribe to use PayPal online

Credit Card:

Visa/Mastercard/Bankcard (please circle)

Credit Card Number: _____

Expiry Date: __ / __

Signature: _____

Cheque

(Made out to NAQ Nutrition, 12/212 Curtin Ave West,
Eagle Farm, QLD, 4009)

Direct Deposit

Bank: St George Commercial Bank

Account Name: NAQ Nutrition

BSB: 194 879

Account No: 429 886 676

ABN: 33 986 781 351

**If you choose this option, your invoice number or setting name MUST be used as a reference. Please advise NAQ Nutrition of the direct deposit by emailing info@naq.org*